

FATTY TRACKER

Date	Total Calories	Weight Date	Cur. Weight	Weight Lost	Total Lost
Sunday, May 27	1550	Sunday, May 27; Week I	333	0	-13
Monday, May 28	1590	Sunday, June 3; Week II	327	-6	
Tuesday, May 29	1630	Sunday, June 10; Week III	324	-3	
Wednesday, May 30	1690	Sunday, June 17; Week IV	320	-4	
Thursday, May 31	1680				
Friday, June 1	1910				
Saturday, June 2	1680				
<i>Average, Week I</i>	1676				

Sunday, June 3	1750
Monday, June 4	1865
Tuesday, June 5	2120
Wednesday, June 6	1600
Thursday, June 7	1640
Friday, June 8	1570
Saturday, June 9	1700
<i>Average, Week II</i>	1750

Sunday, June 10	1610
Monday, June 11	1520
Tuesday, June 12	1550
Wednesday, June 13	1810
Thursday, June 14	1640
Friday, June 15	1600
Saturday, June 16	1680
<i>Average, Week III</i>	1630